



# PLANNING DES COURS AQUA - ROCHEFORT

LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI
9h30-10h15	9h30-10h15	9h30-10h15	9h30-10h15	9h30-10h15	9h30-10h15
<b>AQUATRaining</b>	<b>AQUAGYM</b>	<b>AQUADYNAMIC</b>	<b>AQUABIKE</b>	<b>AQUADYNAMIC</b>	<b>AQUACOMBAT</b>
10h40-11h25	10h40-11h25	10h40-11h25	10h40-11h25	10h40-11h25	10h40-11h25
<b>AQUABIKE</b>	<b>AQUADYNAMIC</b>	<b>AQUABIKE</b>	<b>AQUATRaining</b>	<b>AQUACOMBAT</b>	<b>AQUATRaining</b>
12h25-13h10	12h25-13h10		12h25-13h10	12h25-13h10	
<b>AQUADYNAMIC</b>	<b>AQUACIRCUIT</b>		<b>AQUACOMBAT</b>	<b>AQUAGYM</b>	
	16h15-17h				
	<b>AQUABIKE</b>				
18h-18h45	18h-18h45	18h-19h	18h-18h45	18h-18h45	
<b>AQUABIKE</b>	<b>AQUADYNAMIC</b>	<b>AQUAGLOBAL</b>	<b>AQUATRaining</b>	<b>AQUATRaining</b>	
19h-19h45	19h-19h45		19h-19h45	19h-19h45	
<b>AQUACOMBAT</b>	<b>AQUATRaining</b>		<b>AQUABIKE</b>	<b>AQUACIRCUIT</b>	

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